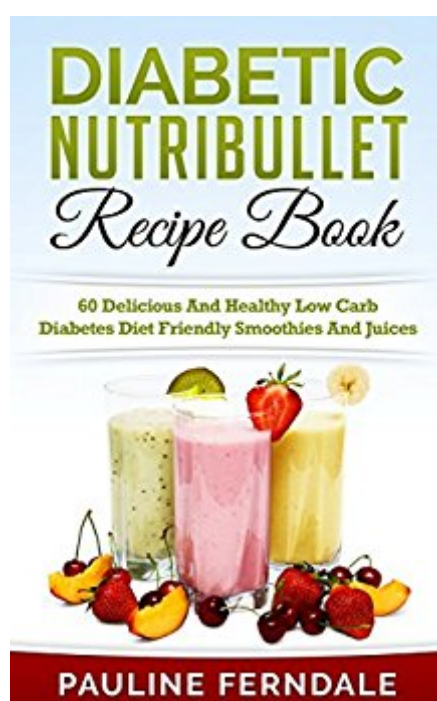


The book was found

Diabetic Nutribullet Recipe Book: 60 Delicious And Healthy Low Carb Diabetes Diet Friendly Smoothies And Juices (Diabetes Cookbook, Diabetes Diet, Type ... Lower Blood Sugar, Nutribullet Recipes)



Synopsis

* * Finally! Delicious Diabetes-Friendly NutriBullet Recipes For You To Enjoy! * *Today only, get this bestseller for just \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device. Let me ask you a few quick questionsâ |Do you find yourself lacking time to prepare healthy meals? Do you want to feel energized, happy and healthy every day? Do you want a plethora of delicious Diabetes friendly NutriBullet recipes at your fingertips? If you answered 'Yes!' to any of the above questions then the Diabetic NutriBullet Recipe Book is a MUST READ. Here's A Preview Of What The NutriBullet Recipe Bible Contains...An Introduction To Smoothies And Juices For Diabetics Advice On Ingredients To Use And Avoid 30 Delicious Diabetes-friendly smoothies that take a mere few seconds to make in your Nutribullet or similiar high powered blender! 30 Nutritious, Delicious And Most Importantly Diabetes-friendly Juice recipes loaded with superfoods to keep you both healthy & Happy And much, much more! Take action today and download this book for a limited time discount of only \$2.99! Shouldnâ ª your health be your #1 priority?

Book Information

File Size: 1698 KB

Print Length: 72 pages

Simultaneous Device Usage: Unlimited

Publication Date: July 15, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B011SVBQUM

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #231,472 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #33

inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > Blood Type Diets #134 inÂ Kindle Store > Kindle eBooks > Medical eBooks > Diseases > Diabetes #135 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes

Customer Reviews

Another low carb book that does not list the carb counts on the recipes. I seem to see a trend here.

They use fruits that are not usually allowed on a low carb diet, ie bananas, apricots and mango, as well as carrots that again are not usually suggested in a low carb diet. I get the idea, I also understand the method, but I don't believe these are truly low carb. They are probably healthy smoothies and juices though. I'd be very careful with some of the ingredients and do some real low carb research before adding them.

I wasn't really sure that green smoothie's were good and wasn't sure I even wanted to try them but after reading this book and trying some of the recipes I'm hooked. Most of the recipes will be very easy to make. Ingredients are readily available. There are recipes to help lower your blood pressure and to improve your heart health as well as to help with weight loss. Not only for diabetes, which is great. This was very helpful and I will refer to it often.

I bought this book because my mom has elevated blood sugar levels She needs to eat right to be healthy and that blood counts had not changed. With the help of this book we picked up diet and recipes for mom. Yes, and for myself found a lot of useful things. I want to be healthy and beautiful. If you want it, then read this book!

I am a diabetic and this is the main reason why I grab this book. I discovered something that quickly changed my life. This blended drink of fresh fruits gave me energy, a fast healthy meal and transformed my body from the inside out. This book really lays a solid groundwork to understand using smoothies and juices as an important tool in long and healthy living.

Awesome! The book is a good starter book for healthier ways to use the Nutribullet. Some of the recipes have ingredients that I have not tried but am attempting to learn a healthier lifestyle to prevent my husband from becoming diabetic. So much worth purchasing!

This is a good start. I would like to see the break down of carbs, proteins, sugar levels, etc... And it would help to know what could be substituted if you did not have - say Kale on hand, but you might have spinach.

This book has a ton of recipes for smoothies for diabetics. It is the best recipe book I have seen so far. Very happy with this purchase. Will definitely use this vendor in the future, the author did a great job. highly recommended!

I haven't tried all of the recipes yet, but the ones I have tried have helped in balancing my blood sugar levels throughout the day. I have Type 1 Diabetes, and it can be extremely difficult to manage. Anything that helps is awesome. ;D

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